

# The Book Of Styling: An Insider's Guide To Creating Your Own Look



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## Synopsis

This guide explains the whatâ€™s, whyâ€™s, and howâ€™s of styling; so whether youâ€™re looking to update your wardrobe or curate your closet, this book has the answer. Accomplished stylist Somer Flaherty helps readers figure out what their look is (or ought to be), and how to tailor that look to their own particular body type. Also, for all of the future Rachel Zoeâ€™s out there, Flaherty helps readers understand the skills that are necessary to style others, and to even turn styling into a real career. Additionally, the book includes:

## Book Information

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Age Range: 12 and up

Grade Level: 7 and up

## Customer Reviews

Gr 9 Up-Future stylists and fashionistas can pick up some good tips on dressing for body type, style, and shopping; however, a lot of the advice seems more appropriate for recent college graduates than for teens. Average high school students would probably not find the need for the recommended four dressy dresses, including two versions of the little black dress, three pairs of dress pants, or a tailored suit, appropriate for job interviews. Body types and the clothing that flatters each type are presented. "Case in Point" boxes explain how they work with their body type to play up their best features and encourage readers to re-create celebrity looks. Readers are counseled to stay within budget; experience the joys of thrift, consignment, and online shopping; and not to invest heavily in trendy items. The book is well organized. Flaherty encourages readers to learn from her but to find their own style. A worthy attempt to showcase models of normal body weight is negated

by the use of listless illustrations of people who appear much older than the targeted audience. A final section on career options covers internships and paths to various styling careers. Although this book contains lots of good ideas and sound advice, the lack of stylish photos or models makes it suitable for serious fashion readers, not casual browsers or fans of fashion magazines. Purchase where the seriously fashion conscious gather to read and discuss.-Cindy Wall, Southington Library & Museum, CT (c) Copyright 2011. Library Journals LLC, a wholly owned subsidiary of Media Source, Inc. No redistribution permitted.

Are you a glam-girl dresser like J-Lo? Or is Boho more your style? Fashionistas and budding stylists or those hoping to cultivate a "look" will find all they need to know in this guide from expert Flaherty. One of the keys to owning your outfit is knowing your body type: hourglass, inverted triangle, rectangle, apple, or pear (while the sketch illustrations don't help to distinguish between the five types, the text does). This book, geared entirely toward girls, also discusses color, complexion, and confidence. Once you've identified your body type and style, it's time to "curate your closet" by assessing, pruning, and reorganizing then, best of all, buying. The book ends with tips on styling others and how to parlay your love of fashion into a career. The illustrations throughout look like something you'd see on a designer's sketch pad, and there are plenty of bright colors, but text and illustrations will need updating to stay au courant. There are many, many girls out there who are going to read this cover to cover, especially when they've finished this month's Teen Vogue. Grades 8-12. --Ann Kelley

Great book but the focus is on girls, as my male students pointed out. Some input on male style would be a nice addition.

It arrived in a good condition and on time. Love it, thanks! ;-)

The shape of the book was fine, I was expecting better information from the book.

My granddaughter, who is 15 years old requested a fashion book of some kind for Christmas. Read the description of this particular book and thought it would be the perfect book for her. She simply loved it.

Not aimed at kids, but perfectly appropriate for teens. I think the book offers great ideas and

information. My daughter is thrilled!

I really enjoy finding styles that suit my shape and how to incorporate these views to what I have in my closet and what I intend to buy in the future.

This is geared for and the topics are centered for high-school girls...I had no idea...If you are over 20-years-old, like me, I would seriously pass on this book.

This is a good book for a young person who is unsure about what to wear. It was a bit "young" for me, but had some cute ideas.

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